

OCTOBER 2020

# THE NEHEMIAH PROJECT

reconnect.rebuild.restore



## WHAT DO OUR CHILDREN FACE?

Maybe more than ever, it is clear to see that all across the nation, people are hurting, desperate, and confused. The harsh reality is that in these broken homes our future is being raised. Our children are in dire need of love and support. Daily, our children are bombarded by negative thoughts & emotions, and deeply struggle to deal with just everyday life. Many are homeless or on the verge of being homeless. In a world of uncertainty, violence, and chaos, many children are left to pick up the broken pieces of the life they have been handed. Here in Stanly County alone, we have 15 homeless children in just 1 of our elementary schools. That's 1 school! In Stanly County numerous children are at risk and do not get their basic needs met. The Nehemiah Project actively seeks to offer lasting solutions. During the school year volunteers attend lunch with students once every week. There are meaningful and heart felt conversations to encourage, strengthen, and support children in our Stanly County Schools. As relationships grow, we connect with the family to create positive and lasting impact in the home as well. Our goal is to be in every school county wide because each child has great value and purpose!



"We have the power to impact our future and we're doing something about it"

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## A NOTE FROM THE HEART

As a faith-based nonprofit, we believe that Jesus is the only way to true and lasting freedom. One of the ways He personally speaks truth and freedom to my heart is through songwriting and poetry. I pray that the words below bless you, and please know; you can trust Him with your heart.

You are not broken beyond repair  
You are not forgotten  
He knows every hair

You can trust Him with your surrender  
He is so kind  
So very tender

From seed to soil  
From dead to living  
The cracking open is just the beginning

You can trust Him with the exchange  
He gives beauty for ashes  
And Hope that remains

Let the roots of surrender bring forth  
beautiful birth  
Those of promise and lasting mirth

What we hold onto is far inferior  
Compared to what He open-handedly offers  
Let Him be your Warrior

He just gives  
And keeps on giving  
Let Him speak His truth to the lies you been  
believing

Feast on Him, and Him alone  
Pull up to the table; it's where you belong

**Sarah Wilkins**  
**Director**



## WHO WE ARE AND WHAT WE STAND FOR

The Nehemiah Project exists to restore and rebuild its communities. We bring community partners (nonprofits, churches, individuals, businesses) and resources together to maximize the impact within the community. We work diligently to fund our partners and to see them fulfill their mission. Free classes, training's, and support systems are offered.

We serve the community in 6 capacities:

- At risk kids & abused women
- Senior citizens
- Addiction
- Intellectually & developmentally disabled
- Veterans
- Homeless



# EE WADELL CENTER LIBRARY REMODEL

The EE Wadell Community Center is open to the public and offers numerous opportunities for special events, work-outs, children sports, camps, activities, and programs. EE Wadell served as a meal distribution site for children during the Covid-19 pandemic. Conveniently located at 621 Wall Street in Albemarle it was used as a school for children in K-12 grade in the 1960's. In 2010 the facility underwent a major remodel but this did not include the library. Billy McRae and Brent Kirven are employed with the city to manage operations at the facility and have dreamed of remodeling the library into a media center. The Nehemiah Project has joined efforts with the organization to remodel the library and began working by clearing books off every shelf and packing them into boxes. All shelving was demolished and today the library is packed with beautiful open seating that aligns the large windows of the room. Not only have renovations taken place but the Nehemiah Project has been receiving donations for books along with computers. This project is going to be a great way to get more people back into the library to read, study, and grow in boundless knowledge. With the help of volunteers from the Nehemiah Project all books will be back on the shelves and the EE Wadell Center will be opening its doors to the library for the public to enjoy. We are truly grateful for the opportunity to make a difference in the lives of families and thrilled to see this dream for the center come true!

EE Wadell Center  
621 Wall Street  
Albemarle, NC 28001

Hours:  
9-8pm M-TH  
9-5 Fridays



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## WHAT WE DO

It's simple. We seek to fill the gaps in our community. Where there is a need, we fill it. Of course, it takes work and people to make it happen. We work with organizations and volunteers to create opportunities that make a big impact.



## OUTSTANDING VOLUNTEER

Pam McCallister volunteers her time every week to be with this little girl at East Albemarle Elementary School. The excitement and the smiles on these children's faces is priceless. Thank you Pam for your heart to serve and make a difference in the life of a child!

## WANT TO VOLUNTEER?

Call us: (704) 322-2449

# 4RIVERS

The main way we can provide financial assistance is through 4 Rivers, an outdoor gear consignment shop. Proceeds go directly to our community partners so that they can distribute funds to meet the specific needs within their organization.

124 West Main Street  
Albemarle, NC 28001

(704) 550-9104  
4RiversConsignment@gmail.com



# A HEALTHY YOU



## A BETTER YOU

Lifestyle habits you want:

- Sleep 8 hours a day
- Keep your house clean and organized
- Go outside
- Find activities you enjoy
- Meditate
- Be nice to others
- Log off electronics and devices for longer periods of time



## HEALTHY LIVING

Studies have shown that doing just simple stretches can be very good for our body now and long term. Stretching once a day can keep your body from the aches and stiffness we all experience. Taking 10 minutes to stretch every day will do wonders. Good news is you don't even have to leave your bed. Just try it!



## EATING SMART

Did you know coconut oil has many health benefits? With just 1 spoon a day you can see these changes.

- Controls weight
- Boosts metabolism
- Supports immunity
- Aids blood sugar regulation
- Aids cholesterol regulation
- Provides stabilized energy

